AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings of claims in the application:

LISTING OF CLAIMS:

- 1. (original) A method of reducing the serum level in a mammal of any one or more of the following:
 - a) cholesterol;
- b) low density lipoprotein (LDL) cholesterol relative to high density lipoprotein (HDL) cholesterol;
 - c) low density lipoprotein (LDL) cholesterol;
 - d) very low density lipoprotein (VLDL) cholesterol;
 - e) apolipoprotein B; and
 - f) triglycerides

by the ingestion of a composition containing β -casein where the β -casein is comprised of at least 95% β -casein A^2 .

- 2. (original) A method as claimed in claim 1 where the $\beta-$ casein is comprised solely of $\beta-$ casein $A^2.$
- 3. (original) A method for treating any disease or disorder associated with mammalian serum total cholesterol levels, LDL cholesterol levels, apolipoprotein B levels, or triglyceride levels by the ingestion of a composition containing β -casein where the β -casein is comprised of at least 95% β -casein A^2 .

- 4. (original) A method as claimed in claim 3 where the disease or disorder is selected from hypercholesterolemia hyperlipidemia, and atherosclerosis.
- 5. (currently amended) A method as claimed in <u>claim 1 any one</u>

 of claims 1 to 4 where the composition is a food or food

 product.
- 6. (original) A method as claimed in claim 5 where the food or food product is milk or a product containing or processed from milk.
- 7. (currently amended) A method as claimed in <u>claim 1</u> any one of claims 1 to 6 where the composition is a dietary supplement.
- 8. (original) A method as claimed in claim 7 where the dietary supplement is a nutriceutical which is ingested for optimizing any one or more of the group consisting of performance during exercise, weight loss, weight gain, muscle building, and muscle repair.
- 9. (currently amended) A method as claimed in claim 1 any one of claims 1 to 6 where the composition is milk containing β -

casein where the $\beta\text{-casein}$ is comprised of at last 95% $\beta\text{-casein}$ $A^2.$

- 10. (original) A method as claimed in claim 9 where the β -case in is comprised solely of β -case in A^2 .
- 11. (currently amended) A method as claimed in claim 1 any one of claims 1 to 10 where the composition has been formed by the addition of an amount of β -casein A^2 sufficient to alter serum cholesterol levels and/or serum triglyceride levels in a human.
- 12. (currently amended) A method as claimed in claim 1 any one of claims 1 to 11 where the β -casein A^2 is obtained from the milk of bovine cattle or from the milk of yaks, buffalo, sheep or goats.
- 13. (original) The use of β -casein A^2 in the manufacture of a composition for reducing the serum level in a mammal of any one or more of the following:
 - a) cholesterol;
- b) low density lipoprotein (LDL) cholesterol relative to high density lipoprotein (HDL) cholesterol;
 - c) low density lipoprotein (LDL) cholesterol;
 - d) very low density lipoprotein (VLDL) cholesterol;

- e) apolipoprotein B; and
- f) triglycerides
- 14. (original) A dietary supplement formed by the addition of $\beta\text{-casein}$ to a food or drink for human consumption where the $\beta\text{-casein}$ is comprised of at least 95% $\beta\text{-casein}$ $A^2.$
- 15. (original) A dietary supplement as claimed in claim 13 where the β -casein is comprised solely of β -casein A^2 .
- 16. (original) A dietary supplement as claimed in claim 13 where the β -casein A^2 is obtained from the milk of bovine cattle or from the milk of yaks, buffalo, sheep or goats.